



Pain Management Services M&A

KPMG Corporate Finance LLC

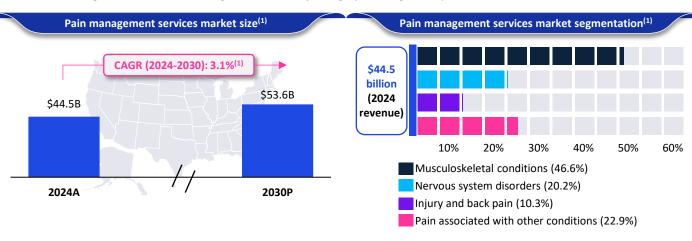
October 2025

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Industry Snapshot: Pain Management Services

The U.S. pain management market to hit \$53.6 billion by 2030 amid 24.3% chronic pain prevalence and \$725 billion economic burden.

- The pain management industry currently includes 35,830 specialized physicians, and the sector is projected to grow from \$44.5B in 2024 to reach \$53.6B by 2030 (a steady CAGR of 3.1%).⁽¹⁾
 - Between 2019 and 2023, the prevalence of chronic pain rose from 20.4% to 24.3%, reflecting a broader rise in chronic conditions. Spending on pain management is rising as chronic pain prevalence increases and new treatment technologies, such as neuromodulation devices, become available.⁽²⁾
- Chronic pain management imposes a national economic burden exceeding \$725 billion annually, excluding additional costs from lost productivity and missed workdays.⁽³⁾
- Demand for interventional pain management services is experiencing steady growth, driven by the aging population, increasing prevalence of chronic pain conditions and the rising demand for minimally invasive, non-opioid and nonpharmacologic treatments.
- These procedures, such as epidural steroid injections, nerve blocks, radiofrequency ablation, and spinal cord stimulation, offer targeted relief, often reducing the need for major surgery and long-term opioid use.



Strong industry trends

Prevalence of chronic pain conditions

Chronic conditions such as back pain, arthritis, neuropathy increasing demand for effective pain management solutions.

24.3%

adults are affected by chronic pain⁽⁴⁾

Increasing geriatric population

Chronic pain is highly prevalent in older adults and older adults will comprise one-fifth of the U.S. population by 2030.

~30%

of population aged 65 or older by end of the century⁽⁵⁾

Shift toward opioid-sparing therapies

Therapies which often do not involve opioids, provide a safer and more sustainable option for pain relief, further boosting their adoption.

60%

drop in morphine use via multimodal interprofessional pain management⁽⁶⁾

Preference for minimally invasive effective treatments

Patient preference for non-surgical outpatient pain relief options that offer shorter recovery times and reduce post-operative pain.

✓ Reduced side effects and recovery time
 ✓ Faster and cost-effective

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Technological advancements

Robotic-assisted and AI-guided needle placement in interventional procedures reduces failure rates and improves safety and efficacy.

- ✓ Advanced interventional technology
- ✓ Digital therapeutics and adjunct therapies

Sources:

(1) IBISWorld, "Pain Management Physicians in the US" (December 2024); (2) CDC, "Chronic Pain and High-impact Chronic Pain in U.S. Adults" (November 2024); (3) Medscape, "A Nation in Pain" (May 2025); (4) CDC, "Chronic Pain and High-impact Chronic Pain in U.S. Adults" (November 2024); (5) U.S. Census Bureau (Last revised - November 2023); (6) ONS, "Multimodal Interprofessional Pain Management Offers Relief With Less Opioids" (February 2025).



Sector Tailwinds and M&A Market Overview

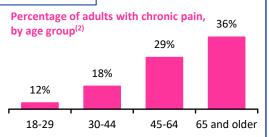
Growing aging population, rising chronic disease prevalence, and a shift towards costeffective pain management are key drivers of the sector.



The changing age of America

The 65+ population is expanding, bringing higher rates of arthritis, neuropathy, and other chronic pain conditions.

- People aged 65+ are expected to increase from 17% in 2023 to over 24% by 2060, reaching ~30% by the end of the century, guaranteeing a large and growing patient pool for pain providers.⁽¹⁾
- The prevalence of chronic pain increases significantly with age, disproportionately impacting older adults.



Re

Regulatory environment driving non-pharmacological, opioid-sparing treatment alternatives

1 CDC guidelines: The CDC recommends non-opioid and non-pharmacologic therapies as first-line treatments for chronic pain, emphasizing their safety and effectiveness.

CMS policies: Under the
Consolidated Appropriations Act of
2023, the CMS will provide additional
payments for select non-opioid pain
treatments in the HOPD and ASC
settings, from January 1, 2025, to
December 31, 2027.

NO PAIN Act: Effective 2025, the NO PAIN Act allows Medicare to reimburse non-opioid pain treatments like nerve blocks, aiming to expand access and reduce post-surgical opioid use.

Shift towards cost efficient outpatient care

- Advances in minimally invasive techniques enable more procedures in ambulatory clinics. In pain management, many treatments can now be done safely in outpatient clinics or ASCs.
- This site-of-care shift reduces costs and is often more convenient for patients, driving volume to outpatient pain centers.
 Payers and patients prefer pain treatment outside hospitals, boosting outpatient pain providers.

Key valuation drivers

Recurring revenue & growth: Chronic pain patients often require ongoing treatment, producing recurring revenue. High-margin services: nterventional procedures and ASC ownership yield higher margins than purely evaluation-based practices. Comprehensive services:
Practices that own ancillaries
like procedure centers,
imaging, physical therapy, and
lab services increase revenue

per patient.

Diversified reimbursement sources:

Mix of payors such as Medicare, commercial, VA, etc., increases stability and diversifies revenue.



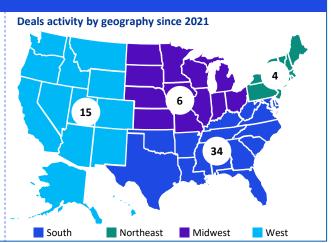
2023

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Sources:
(1) Capital IQ, Pitchbook, and Press releases.

2022

2021



Sources:

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YTD Aug 2025

2024

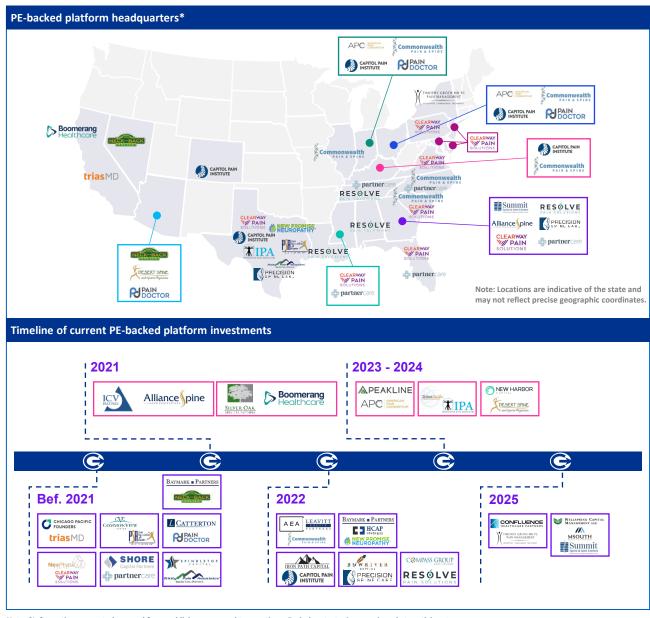


⁽¹⁾ U.S. Census Bureau (Last revised - November 2023); (2) CDC, "Chronic Pain and High-impact Chronic Pain in U.S. Adults" (November 2024).

Pain Management Practice Platform Landscape

Momentum in pain management consolidation has built over the last few years as the sector continues to receive significant private equity attention.

- The Southeast region, particularly Texas and Florida, remains a focal point for activity, with multiple platforms deeply invested in these states, reflecting high patient volume and demand for pain management services.
- The industry remains highly fragmented, creating opportunity for roll-ups. As of 2023, 8.2% of U.S. pain physicians worked at PE-backed groups (up from 0.4% in 2013), indicating significant room for further consolidation.⁽¹⁾
- Several PE-backed platforms, including National Spine & Pain Centers, Capitol Pain Institute, Clearway Pain Solutions, are
 expanding via add-ons. These platforms are competing to acquire high-quality clinics and establish regional dominance.
- In 2025, PE-backed pain management platform, Summit Spine & Joint underwent a second round of recapitalization by
 Wellspring Capital and other platforms may pursue a similar "second bite" in the near term.
- Strategic healthcare acquirers are also entering the space, seeking to integrate pain management with broader care networks. For instance, Surgery Partners formed a joint venture with Nevada Pain in 2023 to expand its ASC footprint in pain and OrthoCarolina acquired a pain-focused surgery center in 2024 to integrate pain management into its offerings.



Note: *Information presented sourced from publicly announced transactions. Excludes strategic-owned market participants. Sources:





Select Pain Management Services Transactions

Closed date	Target name	Target location	Target primary sub-sector	Acquirer name (sponsor/parent)	
Jul-25	West Alabama Spine and Pain Specialists	AL	Provides nonsurgical treatment for pain.	Clearway Pain Solutions Institute (NexPhase Capital)	
Jul-25	Lubbock Spine Institute	TX	'Provider of interventional spine and pain management services across West Texas.	Integrated Pain Associates (Triton Pacific)	
Apr-25	Atlanta Osteoarthritis Center	GA	Provides non-surgical treatment for the relief of pain, including knee pain, shoulder pain, and other joint pain.	Integrated Health Services	
Apr-25	Summit Spine & Joint Centers	GA	Operates ambulatory surgery centers and pain management clinics.	Wellspring Capital; MSouth Equity	
Feb-25	Eastern Neurodiagnostic Associates	NJ	Provides diagnosis and treatment of neurological disorders and resulting pain conditions.	Clearway Pain Solutions Institute	
Jan-25	Timothy Groth MD	NY	Provider of interventional pain management services.	Confluence Healthcare Partners	
Jan-25	Carolinas Center For Advanced Management of Pain	SC	Provides comprehensive diagnosis, treatment, and ongoing care for chronic and acute pain conditions.	Commonwealth Pain & Spine (AEA Growth, Leavitt Equity Partners)	
Dec-24	Louisiana Pain Specialists	LA	Operates a pain management centers treating various chronic and acute pain conditions.	Resolve Pain Solutions (Compass Group Equity)	
Nov-24	Christiana Spine ASC	DE	Provider of an ASC intended to perform minimally invasive spinal and pain management procedures.	Virtua Health (UnitedHealth Group)	
Nov-24	Integrated Pain Solutions	NC	Offers pain management medication services to reduce chronic pain.	Summit Spine & Joint Centers (MSouth Equity; Fulcrum Equity)	
Nov-24	Advanced Spine & Rehabilitation	NV	Provides rehabilitation and chiropractic care treating back pain, sports injuries, and accidents conditions.	First Care Medical	
Oct-24	MI Spine and Joint Care	TX	Offers chiropractic adjustments, physical therapy, pain management, RF ablation, spinal cord stimulation.	Physician Partners of America	
Oct-24	Midwest Orthopedic and Musculoskeletal Alliance	WI	Provider of interventional pain management, specializing in non-surgical chronic pain.	Surgery Partners	
Oct-24	Cincinnati Comprehensive Pain Center	ОН	Provides multidisciplinary treatments for chronic pain.	Integrated Pain Solutions / American Pain Consortium	
Aug-24	Neurosurgical and Pain Management Practice	СО	Operator of neurosurgical and pain management clinic, specializing in musculoskeletal care.	Neurosurgery One (JV: AdventHealth)	
Jul-24	Journey Surgery Center	CA	Offers pain management services.	Excel Health	
Apr-24	Pain Care Surgery of Louisville	KY	Operates as an ambulatory surgical center offering pain management services.	Capitol Pain Institute	
Jan-24	BioSpine Institute	FL	Offers relief from neck and back pain through minimally invasive surgery and non-surgical treatments.	Praesentia Healthcare	
Jan-24	American Pain Consortium Holdings	IN	Provides administrative, support, and pain management services to interventional pain practices and ASCs.	American Discovery Capital; Cedar Pine; Cresset Partners	

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Sources: Capital IQ, Pitchbook, and Press releases.



KPMG Corporate Finance LLC Transactions









































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KPMG Corporate Finance(1)

2,000+

Closed Transactions in the Last 5 Years

2,500+

Global Corporate Finance Professionals

2000-2024 global advisor ranking ⁽²⁾ # of Deals				
1.	крмб	11,358		
2.	PricewaterhouseCoopers	10,626		
3.	Houlihan Lokey	7,676		
4.	UBS	7,629		
5.	Deloitte	7,037		
6.	Ernst & Young LLP	6,721		
7.	Rothschild & Co	6,375		
8.	JP Morgan	5,101		
9.	Goldman Sachs & Co	4,708		
10.	Lazard	4,575		

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80+

U.S. Corporate Finance Professionals

has named

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Corporate/Strategic M&A Deal
of the Year Award (Mid-Market) 2023







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Note:

(1) Refers to the global KPMG member firms of the KPMG International network of independent member firms; (2) League tables include completed deals which have value between \$0 million to \$500 million and also where deal value is not disclosed, as of January 2025.







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